

MEN OF THE REPUBLIC FIELD RESOURCE

The First Republic — Household Order Workbook

A practical workbook for ordering household responsibilities
and rhythms.

● Principles

Scripture and
Republic ideas

● Journey

ordered stages of
formation

● The Charge

roles and
brotherhood

● Practice

weekly obedience

By Carlos Reyes III

menoftherepublic.org



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This workbook may be printed and shared unchanged for nonprofit church, counseling, and small-group use.

1. Name the household direction

Write three virtues your household intends to practice. Define each as an observable behavior. Compare the calendar with the stated priorities.

2. Map recurring responsibilities

List financial, meal, cleaning, maintenance, transportation, formation, caregiving, church, and administrative work. Include invisible planning work. Give each duty one accountable owner, any supporting people, a clear standard, and a review rhythm.

3. Establish a weekly meeting

- Gratitude and answered prayer — 5 minutes
- Calendar, transport, meals, and fixed obligations — 7 minutes
- Responsibilities and needed help — 5 minutes
- Repair, encouragement, and prayer — 3 minutes

4. Build a discipleship rhythm

Choose three short gatherings each week. Read one passage, ask one honest question, and pray one sentence. Repeat for four weeks before adding complexity.

5. Practice repair

Name the wrong without qualification. Hear the harm without self-defense. Ask forgiveness. Make a concrete repair. Change the system that allowed the repeated failure.

6. Review after 30 days

Ask: What became clearer? What remained overloaded? What was neglected? What can be simplified, shared, trained, or transferred?

Suggested passages: Deuteronomy 6:6–9; Psalm 78:5–7; Proverbs 24:3–4; Ephesians 6:4; Colossians 3:12–17; 1 Timothy 5:8.

This workbook is educational. It does not justify coercion, conceal abuse, replace safeguarding, or substitute for pastoral, legal, medical, or mental-health care.